

The Vernon County community has a wide variety of programs that offer services to meet the needs, maintain the independence, and improve the quality of life for people residing in the Vernon county area. Community Link is a resource guide developed by the Aging and Disability Resource Center of Western Wisconsin. There are also versions available for Jackson, La Crosse, and Monroe counties. Contact your local office for a copy. This guide is intended to provide information on a variety of topics for people age eighteen and over. It is not a complete list of all services available to people with disabilities, aging, mental health or substance abuse issues. It is not meant to be an endorsement or recommendation of these particular agencies.

To obtain further information about these or other services or to update the current listing, contact the Aging & Disability Resource Center of Western Wisconsin at (608) 785-5700 or 1-800-500-3910.

The Community Link informational resource guide can be viewed or printed in regular or large type on the Aging and Disability Resource Center of Western Wisconsin website – <http://www.adrcww.org>

AGING & DISABILITY RESOURCE CENTER OF WESTERN WISCONSIN

The first place to contact for information and assistance relating to aging, disability, mental health or substance abuse issues.

YOU HAVE QUESTIONS? WE HAVE ANSWERS!!

People often need help understanding what types of services can be available in their home. Our social work and nursing staff can offer ideas, suggestions, and advice on which services and supports will meet a person's needs. Our goal is for you to remain in the community and to be as independent as possible. The Aging and Disability Resource Center of Western Wisconsin works closely with other organizations to provide prevention and caregiver support services.

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ABUSE RESOURCES

- **911**
Call immediately if you feel someone is in immediate, serious or life-threatening danger
- **Aging & Disability Resource Center of Western Wisconsin**
Call if you are concerned about an adult neighbor, friend, or family member or to report concerns of abuse, neglect, or exploitation of an adult
Banta Building, 402 Courthouse Square, Viroqua
608-785-5700 or 1-800-500-3910 • TTY 608-785-9787
E-mail: adrcntr@co.la-crosse.wi.us
<http://www.adrcww.org>
- **National Center on Elder Abuse**
<http://www.ncea.aoa.gov>
- **National Clearinghouse on Abuse in Later Life**
608-255-0539
Email: ncall@wcadv.org
<http://www.ncall.us>
- **National Domestic Violence Hotline**
Anonymous and confidential help 24/7
1-800-799-SAFE (7233) or 1-800-787-3224 (TTY)
<http://www.ndvh.org>
- **New Horizons Domestic Abuse Shelter**
608-791-2600 or 1-888-231-0066
<http://www.nhagainstabuse.com>
- **Wisconsin Bureau of Aging and Disability Resources**
For information on abuse
608-266-2568
<http://www.dhs.wi.gov/aging/elderabuse>
- **Wisconsin Coalition Against Sexual Assault**
608-257-1516 or 608-257-2537 (TTY)
Email: wcasa@wcasa.org
<http://www.wcasa.org>

ADULT DAY SERVICES

- **Bethel Home and Services, Inc.**

- Care Cove**

- Offers an environment of supervised activities, social interaction, and wellness services where personal and spiritual growth lead to quality of aging and quality of life; serves a variety of ages and disabilities

- 620 South Garfield Avenue, Viroqua

- 608-637-2171** or **608-637-6344**

- <http://www.bethelhome.org/>

- **Vernon Area Rehabilitation Center (VARC)**

- Skill Enrichment Services**

- Services which are designed to develop skills in the areas of employment, daily living, social activities, basic academics, and community living

- 1133 Nelson Parkway, Viroqua • **608-637-3934**

- <http://www.varcinc.com>

ADVOCACY

- **AARP**
601 E. Street, N.W.
Washington D.C., 20049
1-888-687-2277 or Toll-Free TTY: 1-877-434-7598
- **Aging & Disability Resource Center of Western Wisconsin**
Banta Building, 402 Courthouse Square, Viroqua
608-785-5700 or 1-800-500-3910 • TTY 608-785-9787
E-mail: adrcntr@co.la-crosse.wi.us
<http://www.adrcww.org>
- **AIDS Resource Center of Wisconsin**
AIDS/HIV education, prevention, and access to services
505 King Street, La Crosse • **608-785-9866 or 1-800-947-3353**
<http://www.arcw.org>
- **ARC La Crosse, Inc.**
Promotes quality of life for people with developmental and related disabilities
1035 Green Bay Street #4, La Crosse • **608-782-4799**
- **Citizen Advocacy**
Inviting community members to individually protect the rights,
promote interests, and support the lives of people with disabilities
1035 Green Bay Street #4, La Crosse • **608-782-4760**
<http://www.citizenadvocacylacrosse.com>
- **Disability Rights Wisconsin (formerly WI Coalition for Advocacy)**
Helps people gain access to services and opportunity through advocacy and legal expertise
1-800-928-8778 or 608-267-0214 • TTY 1-888-758-6049
<http://www.disabilityrightswi.org>
- **Greater Wisconsin Agency on Aging Resources (GWAAR) • 608-243-5670**
<http://gwaar.org>
Provides information about services and resources to citizens 60 years and older.
Wisconsin Guardianship Support Center • 1-855-409-9410
Elder Law Center • 608-243-5670

- **Independent Living Resources (ILR)**
Assists individuals to learn how to speak for themselves by building skills and self esteem.
4439 Mormon Coulee Road, La Crosse
608-787-1111 or 1-888-474-5745
TTY 608-787-1148 or 1-888-378-2198
<http://www.ilresources.org>
E-mail: advocacy@ilresources.org
- **Legislative Hotline**
Call to advocate for support or change in legislation
1-800-362-9472
- **NAMI Wisconsin, Inc. (National Alliance on Mental Illness)**
Vernon County Advocate • **608-637-8143** or **1-800-236-2988**
NAMI Helpline • **1-800-950-6264**
<http://www.nami.org> (National) <http://www.namiwisconsin.org> (State)
- **National MS Society – Wisconsin Chapter**
Provides free statewide support and services to individuals with MS, their loved ones, friends and caregivers. This includes information and referral, financial assistance for needs related to MS, education and peer support.
1120 James Drive, Suite A, Hartland • **1-800-344-4867**
www.wisms.org
- **Office of the Commissioner of Insurance**
Will take complaints concerning an insurance company or a specific insurance agent
1-800-236-8517
Hearing and speech impaired number only • **608-266-3586**
<http://www.oci.wi.gov>
- **US Department of Justice ADA Information Line**
Provides information about the *Americans with Disabilities Act* or information about filing a complaint; Spanish language service also available.
1-800-514-0301 • TTY 1-888-514-0383
<http://www.ada.gov>
- **Vernon County Unit on Aging**
318 Fairlane Drive, Suite 219, Viroqua
608-637-5201
<http://www.vernoncounty.org/UOA>

- **Wisconsin Board on Aging and Long Term Care Ombudsman Program**
Advocacy for long term care consumers age 60 and over who reside in nursing homes or group homes
1-800-815-0015
<http://longtermcare.state.wi.us>
- **Wisconsin Department of Agriculture, Trade and Consumer Protection**
Assists with concerns regarding products, services and consumer complaints
608-224-4949 or 1-800-422-7128 • TTD/TTY 608-224-5058
<http://datcp.state.wi.us>

ALZHEIMER'S/DEMENTIA SERVICES

SPECIALIZED ALZHEIMER/DEMENTIA SERVICES

- **Alzheimer's Association**
Advocacy, educational materials, family consults, peer mentoring.
Call for support group information.
404 ½ North Bridge Street, Chippewa Falls • **715-720-7611**
24 Hour Helpline • 1-800-272-3900
Safe Return Program (24/7 support for wandering) • **1-888-572-8566**
Comfort Zone Program (24/7 electronic location tool) • **1-877-259-4850**
<http://www.alz.org> (National)
<http://www.alz.org/gwwi> (Greater Wisconsin Chapter)
- **Gundersen Health System - Memory Disorders Clinic**
1900 South Avenue, La Crosse • **608-775-2338** or **1-800-362-9567**
<http://www.gundluth.org>
- **Mayo Clinic Health System - Dementia Care Program**
Offers dementia diagnosis, treatment, and long-term follow-up
700 West Avenue South, La Crosse
608-392-9505 or **1-800-362-5454 ext. 9505**
<http://www.mayohealthsystem.org>
- **Vernon County Alzheimer's Support Group**
Bethel Home • **608-637-2171**
- **See *Nursing Homes* section in this resource guide**
(**) denotes facilities with Alzheimer's/Dementia specific units

CAREGIVER SUPPORT

- **Aging & Disability Resource Center of Western Wisconsin**
Provides information and assistance related to caregiver support
402 Courthouse Square, Viroqua • **608-637-5397**
 - **Alzheimer's Association**
Advocacy, educational materials, family consults, peer mentoring.
Call for support group information.
404 ½ North Bridge Street, Chippewa Falls • **715-720-7611**
24 Hour Helpline • 1-800-272-3900
Safe Return Program (24/7 support for wandering) • **1-888-572-8566**
Comfort Zone Program (24/7 electronic location tool) • **1-877-259-4850**
<http://www.alz.org> (National)
<http://www.alz.org/gwwi> (Greater Wisconsin Chapter)
 - **VA Caregiver Support Line**
1-855-260-3274
 - **Vernon County Unit on Aging**
318 Fairlane Drive, Suite 219, Viroqua
608-637-5201
<http://www.vernoncounty.org/UOA>
 - **Wisconsin Family Caregiver Support Program**
Program designed to help local and long-distance family members and friends who care for persons age 60 and over; or individuals with Alzheimer's disease and related disorders regardless of age; will connect you with local information and resources
1-866-843-9810
<http://www.wisconsin caregiver.org/>
- Long Term Care Support Broker Services**
- **Lutheran Social Services**. Provides assistance to persons needing long term care services to understand options and ensure best service is obtained.
1320 W. Clairemont Avenue, Eau Claire • **715-843-2046**

CLINICS/MEDICAL CENTERS/DENTAL

HOSPITALS

- **Gundersen Health System**
1900 South Avenue, La Crosse • 608-782-7300 • TTY 608-782-3784
<http://www.gundersenhealth.org/>
- **Mayo Clinic Health System Franciscan Healthcare**
700 West Avenue South, La Crosse
608-785-0940 • TTY 608-785-1161
<http://www.mayohealthsystem.org>
- **Crossing Rivers Health**
37868 US Hwy 18
Prairie du Chien • 608-357-2000
<http://www.crossingrivers.org>
- **Richland Hospital, Inc.**
333 East 2nd Street, Richland Center • 608-647-6321
<http://www.richlandhospital.com>
- **St. Claire Hospital**
707 14th Street, Baraboo • 608-355-1805
<http://www.stclare.com>
- **St. Joseph's Health Services-Gundersen Lutheran**
400 Water Avenue, Hillsboro • 608-489-8000
<http://www.stjhealthcare.org>
- **Tomah VA Medical Center**
500 East Veterans Street, Tomah • 608-372-3971 or 1-800-872-8662
<http://www.tomah.va.gov>
- **UW Hospitals and Clinics**
600 Highland Avenue, Madison • 608-263-6400 or 1-800-323-8942
<http://www.uwhealth.org>
- **Vernon Memorial Healthcare**
507 South Main Street, Viroqua • 608-637-2101
<http://www.vmh.org>

- **William S. Middleton Memorial Veterans Hospital**
608-256-1901 or 1-888-478-8321
<http://www.madison.va.gov>

CLINICS

- **Gundersen Health System Viroqua Clinic**
407 South Main Street, Viroqua • 608-637-3195
<http://www.gundersenhealth.org/>
- **House of Wellness Clinic**
Provides services to enrolled members of any federally recognized tribe, Ho-Chunk Nation employees and family
S2845 White Eagle Road, Baraboo • 608-355-1240 or 1-888-552-7889
- **Mayo Clinic Health System Franciscan Healthcare**
La Crosse Campus 800 West Avenue South, La Crosse • 608-782-9760
Holmen Campus 520 Amy Drive, Holmen • 608-526-3351
Onalaska Campus 191 Theater Road, Onalaska • 608-392-5000
<http://www.mayohealthsystem.org>
- **St. Joseph's Health Services – Gundersen Lutheran**
Suite 100, 504 Water Avenue, Hillsboro • 608-489-8280
<http://www.stjhealthcare.org>
- **VA River Valley Integrated Health Center**
Primary care outpatient clinic for veterans
2600 State Road, La Crosse • 608-784-3886
Behavioral Health and Physical Therapy Services
1525 Losey Boulevard South, La Crosse • 608-787-6411
Must be screened for eligibility requirements
If unsure if enrolled in VA healthcare, contact the following:
La Crosse County Veterans Service Office
400 4th Street North, Room 1340, La Crosse • 608-785-9719
Tomah VA 1-800-872-8662 ext. 61751
<http://www.co.la-crosse.wi.us/departments/veterans>

- **Vernon Memorial Hospital Clinics**

<http://www.vmh.org>

Bland Medical Clinic

100 Melby Street, Westby • 608-634-3126

Hirsch Clinic

407 South Main Street, Viroqua • 608-637-3174

La Farge Medical Clinic

111 West Snow, La Farge • 608-625-2494

Kickapoo Valley Medical Clinic

102 Sunset Avenue, Soldiers Grove • 608-624-5203

Vernon Memorial Outpatient Clinic

407 South Main Street, Viroqua • 608-637-4340

- **Viola Health Services and Osteoporosis Center**

338 North Commercial Street, Viola • 608-627-1407

- **Viroqua Healing Arts Center**

224 East Court Street, Viroqua • 608-637-7600

FREE OR REDUCED HEALTHCARE

- **Neighborhood Family Clinic**
Our goal is to provide quality medical care at a reduced cost that is affordable and accessible to many without insurance or who are underinsured.
1526 Rose Street, La Crosse
<http://www.nfclinics.com>
- **Essential Health Clinic**
Helps to create healthier lives and families by providing and advocating for sexual health and education. Services include annual exams, breast and cervical cancer screenings, FDA approved birth control, STD testing and treatment, pregnancy testing and counseling, and community education. All services are provided in harmony with the personal beliefs of each client • **1-800-657-5177**
La Crosse Clinic: 1201 Caledonia Street, La Crosse
Richland Center Clinic: 175 Mill Street East, Richland Center
Viroqua Clinic: 210 South Main Street, Unit C
<http://optionsclinic.org>
- **Scenic Bluffs Community Health Center**
Primary health care for acute, chronic, and routine/annual medical conditions; chiropractic care; pharmacy services
Healthy Neighbor Plan – sliding fee scale for patients with low incomes, those without health insurance, limited coverage or high deductibles; Private insurances also accepted
Cashton Clinic: 238 Front Street, Cashton • **608-654-5100**
Norwalk Clinic: 200 West North Street, Norwalk • **608-823-7853** (Medical services only)
<http://www.scenicbluffs.org>
- **St. Clare Health Mission**
Free medical care for people with no insurance and low income
Hours are Tuesday and Thursday 5:00pm-8:00pm
916 Ferry Street, La Crosse • **608-392-9546**
<http://www.stclarehealthmission.org>
- **Wisconsin Well Woman Program**
La Crosse County Health Department
Preventative screenings for women including mammogram and pap smears who meet guidelines: Ages 45-64, low income, underinsured or no insurance, not on Medicare
300 4th Street North, La Crosse • **608-785-9723**
<http://www.co.la-crosse.wi.us/health>

FREE OR REDUCED DENTAL SERVICES

- **Affordable Dentures**

Provides affordable, low fee denture services

4850 Keystone Crossing, Eau Claire • **715-855-1020**

3434 55th Street NW, Suite 100, Rochester, MN • **507-529-9442**

- **Scenic Bluffs Community Health Center**

Dental services include preventive, restoration and urgent care.

Healthy Neighbor Plan – sliding fee scale for patients with low incomes, those without health insurance, limited coverage or high deductibles; Private insurances also accepted.

Office locations include Cashton, Norwalk and Viroqua

238 Front Street, Cashton • **608-654-5100**

200 W. North Street, Norwalk • **608-823-7853**

507 S. Main Street, Viroqua • **608-654-5100**

- **Wisconsin Dental Association, Inc.**

Donated Dental Services – provides referrals for free dental care to qualified applicants; eligibility includes individuals who are permanently disabled, chronically ill, or are of advanced age with a financial need; not for routine services but for extensive dental needs only

1-866-812-9840

<http://www.wda.org>

EDUCATION

- **Couleecap**
Skills enhancement Program
Addresses training needs of low income workers to increase income and economic self-sufficiency. Helps adults acquire skills through financial assistance for tuition, child care and transportation expenses related to returning to school.
110 N. Main St., Westby • **608-634-4100**
<http://www.couleecap.org>
- **University of Wisconsin - La Crosse**
Continuing Education Programs
Offers lifelong learning programs for participants of all ages
1725 State Street, La Crosse • **608-785-8000** • **TTY 608-785-6900**
<http://www.uwlax.edu>
- **Learning in Retirement**
Learning community established to help meet the wide range of interests of the area's growing retired population; for individuals of retirement age
205 Morris Hall, 1725 State Street, La Crosse • **608-785-6504**
TTY 608-785-6900
<http://www.uwlax.edu>
- **Viterbo University**
Center for Adult Learning
900 Viterbo Drive, La Crosse • **608-796-3379**
<http://www.viterbo.edu>
- **Western Technical College**
220 South Main Street, Viroqua • **608-637-2612**
<http://www.westerntc.edu>
- **Workforce Connections**
Connects people, work, and training while advocating self-sufficiency
220 South Main Street, Viroqua • **608-637-6450** or **1-800-742-5627**
<http://www.workforceconnections.org>

EMERGENCY RESOURCES/CLOTHING

MEDICAL EMERGENCY

- **9-1-1**
- **St. Joseph's Memorial Hospital**
400 Water Avenue, Hillsboro • **608-489-8000**
<http://www.stjhealthcare.org>
- **Vernon Memorial Healthcare**
507 South Main Street, Viroqua • **608-637-2101**
<http://www.vmh.org>

HOUSING EMERGENCY

- **Couleecap, Inc.**
Transitional Housing Program for Homeless
Provides limited term affordable housing and services to homeless individuals and families who need assistance in returning to independent living situations; may remain within the program for up to two years
110 N. Main St., Westby • **608-634-4100**
<http://www.couleecap.org>
- **New Horizons Domestic Abuse Shelter**
608-791-2600 or 1-888-231-0066
<http://www.newhorizonslacrosse.com>
- **Passages**
Support for victims of domestic abuse
Richland Center
1-800-236-4325 24-hour crisis line
608-647-6317 information
- **Salvation Army**
223 8th Street North, La Crosse
608-782-6126
<http://www.salvationarmyusa.org>

- **Veterans Assistance Foundation
Wisconsin Veterans Housing and Rehabilitation Program –**
Transitional housing program for homeless veterans and veterans at risk of becoming homeless
1-800-947-8387

CLOTHING EMERGENCY

- **Bethel Home and Service
Bethel Butikk**
Call for details on eligibility for free clothing from the thrift store.
Monday, Wednesday, Thursday, Friday 10:00am–4:00pm
Tuesday 10:00am–6:00pm
First Saturday of the month 9:00am–12:00pm
341 Black River Avenue, Westby • **608-634-3473**
<http://www.bethelhome.org/>
- **Good Shepherd Clothes Closet**
Provides free clothing to all in need
Open Tuesdays and Thursdays 1:00-3:00 pm.
504 South Main Street, Viroqua • **608-637-3978**

ENERGY / FUEL ASSISTANCE

- **Vernon County Human Services
Wisconsin Home Energy Assistance Program**
Assist income eligible individuals with heat and electric bills, crisis assistance for heat and electric bills, and furnace repair and/or replacement.
318 Fairlane Drive, Viroqua • **608-9637-5210**

PERSONAL EMERGENCY RESPONSE SYSTEMS

- **Alzheimer's Association**

Advocacy, educational materials, family consults, peer mentoring.

Call for support group information.

404 ½ North Bridge Street, Chippewa Falls • **715-720-7611**

Safe Return Program (24/7 support for wandering) • **1-888-572-8566**

Comfort Zone Program (24/7 electronic location tool) • **1-877-259-4850**

<http://www.alz.org> (National)

<http://www.alz.org/gwwi> (Greater Wisconsin Chapter)

- **Comfort Keepers**

Grand Care Systems offer tele-health assessment, activity of daily living monitoring, medication management and virtual communication.

2951 South 21st Place, La Crosse

608-784-3357 or **1-800-567-6274**

<http://www.comfortkeepers.com>

- **Great Rivers 2-1-1**

Information, help and crisis line 24-hours a day, 7 days a week

Carrier Alert - free service allowing mail carriers to

get assistance for you if your mail is not removed from

your box; requires registration through Great Rivers 2-1-1

1-800-362-8255 • **TTY 1-866-884-3620**

- **Mayo Clinic Health System Franciscan Healthcare**

HelpLink Medical Alert Service

A personalized response system that uses a two-way voice console

unit to automatically dial a 24-Hour Response Center

608-392-9797 or **1-800-362-5454 ext. 26300**

<http://www.mayohealthsystem.org>

- **ResCare**

Rest Assured OneTouch

An easy to use two-way speaker phone that automatically connects you to a Tele-Caregiver

when you push the call button 24/7 1802 State Road Hwy 16, La Crosse • **608-779-0900**

<http://www.rescarehomecare.org>

- **St. Joseph’s Community Health Services**
Careline – links participants with an emergency response center immediately by pressing a personal help button; a designated responder, such as a family member or a neighbor is called by the response center to go to the home of the recipient
 400 Water Avenue, Hillsboro • **608-489-8000**
<http://www.stjhealthcare.org>
- **VA Medical Center**
Guardian Alert 911
 Free lifeline service available to veterans that live alone and are currently enrolled in the VA Healthcare System. Must have a landline telephone. Contact your primary care provider at the VA for additional information and eligibility.
 Veterans Administration Medical Center, Tomah • **1-800-872-8662**
- **Vernon Telephone Cooperative**
Vernon Medlink and MainStreet Messenger Telephone
Medlink is an electronic emergency communication system that attaches to a home telephone line and as the capability to signal for help by the push of a button. The **MainStreet Messenger Telephone** is the actual telephone unit; many features are available with this telephone. System is monitored by Vernon Memorial Hospital; must be a current customer of Vernon Telephone Cooperative.
 103 North Main Street, Viroqua • **608-634-3136** or **1-800-543-2029**
<http://www.vernontel.com>

EMPLOYMENT ASSISTANCE

- **Employment Partner**
322 East Jefferson Street, Viroqua • **608-606-1910**
- **Experience Works, Inc.**
A training program for persons age 55 and over who have low income and are seeking employment.
319 Main Street, Suite 404, La Crosse • **608-789-5623**
<http://www.experienceworks.org>
- **Independent Living Resources (ILR)**
Assessment, assistive technology consultation, assistance with applications and interviews, ongoing support, job development, job club available
4439 Mormon Coulee Road, La Crosse
608-787-1111 or **1-888-474-5745**
TTY 608-787-1148 or **1-888-378-2198**
<http://www.ilresources.org>
- **Riverfront, Inc.**
Work Incentive Planning and Assistance Program (WIPA)
Enables Social Security beneficiaries with disabilities to make informed decisions about work, benefits, and incentives
3000 South Avenue, La Crosse • **608-784-9450** or **1-800-949-7380**
TTY 608-784-0039
<http://www.riverfrontinc.org>
- **Vernon Area Rehabilitation Center (VARC)**
Evaluation, work adjustment training, supported employment, interview skills, and job placement for individuals with varying abilities or chronic mental illness
1133 Nelson Parkway, Viroqua • **608-637-3934**
<http://www.varcinc.com>
- **Veterans Assistance Foundation**
Helps homeless veterans and those at-risk of becoming homeless receive job training, education, counseling and rehabilitation services they need to obtain steady employment, affordable housing and the skills to sustain a productive lifestyle
608-372-1280 (Referral line at VA Hospital) or **1-800-947-8387**
<http://vafvets.org/>

- **Western Technical College**
Career and vocational development and exploration materials
220 South Main Street, Viroqua • **608-637-2612**
<http://www.westerntc.edu>
- **Wisconsin Division of Vocational Rehabilitation (DVR)**
Provides services to individuals with physical disabilities or mental health; issues to assist in achieving employment
220 South Main Street, Room 120, Viroqua
608-637-6872 or **1-800-523-2139** • **TTY 1-866-392-3090**
<http://www.dwd.wisconsin.gov/dvr>
- **Wisconsin JOBNET**
<http://www.dwd.state.wi.us/jobnet/mapwi.htm>
- **Wisconsin Unemployment Hotline**
1-800-UC-CLAIM
- **WISE (Wisconsin Senior Employment)**
Places individuals with a host agency for training on specific job demands; must be age 55+; income limits do apply
Workforce Development Center of Western Wisconsin,
East Ward Commerce Center, 2615 East Avenue South, La Crosse
608-789-5645 or **608-433-2784**
- **Worker's Compensation - Wisconsin**
608-266-1340 or **TTY 1-866-265-3142**
<http://www.dwd.state.wi.us/wc>
- **Workforce Connections Inc.**
Assist job seekers and laid-off workers with career planning,
job search assistance and skills training
220 South Main Street, Viroqua • **608-637-6450** or **1-800-742-5627**
<http://www.workforceconnections.org>
- **Workforce Development**
608-266-3131
<http://www.dwd.state.wi.us/>

FINANCIAL RESOURCES • TAX ASSISTANCE

BENEFITS ASSISTANCE

- **Aging & Disability Resource Center of Western Wisconsin
Disability Benefit Specialist** – serves ages 18-59
Banta Building, 402 Courthouse Square, Viroqua
608-785-5700 or 1-800-500-3910 • TTY 608-785-9787
Email: adrcntr@co.la-crosse.wi.us
<http://www.adrcww.org>
- **Independent Living Resources (ILR)
Benefits Counseling**
4439 Mormon Coulee Road, La Crosse • **608-787-1111** or
1-888-474-5745 • TTY 608-787-1148 or 1-888-378-2198
149 East Mill Street, Richland Center
voice/TTY 608-647-8053 or 1-877-471-2095
<http://www.ilresources.org>
- **Medicare**
1-800-633-4227 • TTY 1-877-486-2048
<http://www.medicare.gov>
- **Riverfront, Inc.
Benefits Counseling**
3000 South Avenue, La Crosse • **608-784-9450 or 1-800-949-7380**
TTY 608-784-0039
<http://www.riverfrontinc.org>
- **Social Security Administration**
210 7th Street South, Suite 100, La Crosse
1-866-770-2345 (La Crosse office) or **1-800-772-1213**
TTY 1-800-325-0778
<http://www.ssa.gov>
- **State of Wisconsin Medigap Help-line**
1-800-242-1060
<http://www.medicare.gov/medigap>

- **Vernon County Human Services**
Energy Assistance Program, Emergency Energy Assistance
 318 Fairlane Dr., Suite 100 Viroqua • **608-637-5210**
<http://www.vernoncounty.org>

- **Vernon County Unit on Aging**
Elderly Benefit Specialist – serves ages 60 and up
 Banta Building, 402 Courthouse Square, Viroqua
608-637-5397
<http://www.vernoncounty.org/UOA>

- **Vernon County Veterans Service Office**
 402 Courthouse Square, suite 100 • **608-637-5323**
<http://www.vernoncounty.org/veterans>

- **Western Region for Economic Assistance**
1-888-627-0430 • FAX 1-855-293-1822
Online: access.wi.gov
 Oversees benefits such as Medicaid, Foodshare
 - Apply for benefits
 - Report changes
 - Get information about benefits
 - Find location and hours of local office

- **Workforce Connections**
W2 and Emergency Assistance
 220 South Main St, Viroqua
 New consumers must call **1-855-418-9332** to request services
 Existing consumers must call **608-637-2996**

OTHER FINANCIAL RESOURCES

- **Bethel Home and Services, Inc.**
Bethel Butikk – provides temporary financial assistance for rent, utilities, medical expenses, and transportation
 341 Black River Avenue, Westby • **608-634-3473**
<http://www.bethelhome.org/>

- **Catholic Charities - St. Lawrence Community Services**
 Helps people prevent further financial problems by providing instruction in the wise use of credit, budgeting and family money management; representative payee service.
 413 Third Street South, La Crosse • **608-782-0710**
<http://www.catholiccharitieslax.org>
- **Consumer Credit Counseling Service of La Crosse**
 Dedicated to helping people manage their finances and solve their debt problems through counseling and debt management programs
 505 King Street, suite 212, La Crosse • **608-784-8380**
- **Couleecap Work-N-Wheels Program**
 Assists eligible low income families to purchase vehicles that meet their need for reliable transportation to employment. Zero interest vehicle loans and other financial assistance for repair of the vehicle or costs associated with driver's training. Vehicle must be used for employment purposes. Other rules do apply.
 201 Melby Street, Westby • **608-634-7371**
<http://www.couleecap.org>
- **Federal Housing Administration**
Home Equity Conversion Mortgage - Allows homeowners 62 years of age or older to draw income from home equity without requiring repayment for the time the home is occupied
 To find a HUD (Housing and Urban Development) approved housing counseling agency
1- 800-569-4287
The FHA Resource Center • 1-800-CALL-FHA (225-5342) • TTY 1-800-877-8339
- **Great Rivers 2-1-1**
Dial 2-1-1 or 1-800-362-8255 • TTY 1-866-884-3620
<http://www.greatrivers211.org>
- **iLIFE Financial Management Services**
 Assistance for persons receiving long term care services: Fiscal/Employer Agent, Third Party Administration, Financial Services Consultation, Online time reporting.
 6100 North Baker Road, Glendale WI • **1-888-958-7695**
<http://www.iLIFEms.com>

- **Workforce Connections, Inc.
Transportation Connections**
Provides income eligible individuals and families with assistance in obtaining an affordable and dependable vehicle
2615 East Avenue South, La Crosse • **608-789-5641**
<http://www.workforceconnections.org>
- **University of Wisconsin Extension**
Free individual and/or family financial counseling
318 Fairlane Drive, Erlandson Building, # 392, Viroqua • **608-637-5276**
- **Wisconsin Housing and Economic Development Authority (WHEDA)**
Housing funding for low and moderate income residents; low-interest
1-800-334-6873 or TTY **1-800-943-9430**
Property Tax Deferral Loan Program • 1-800-755-7835
<http://www.wheda.com>

REPRESENTATIVE PAYEE SERVICES

- **Catholic Charities**
Helps people prevent further financial problems by providing instruction in the wise use of credit, budgeting and family money management; representative payee service.
115 Perry St, Prairie du Chien • **608-326-1616**
- **Consumer Credit Counseling Service of La Crosse**
505 King Street, Suite 212, La Crosse • **608-784-8380**
- **GT Financial Services**
Provides representative payee service, for a fee, in Wisconsin.
215 Broadus Street. Sturgis MI 49091 • **1-877-659-4500**
www.gtindependence.com
- **iLIFE Financial Management Services**
6100 North Baker Road, Glendale WI • **1-888-958-7695**
<http://www.iLIFEms.com>

TAX ASSISTANCE

- **AARP**
Can help with federal and state income taxes; homestead credit
To locate a site near you, call toll free **1-888-227-7669** or visit our website
<http://www.aarp.org/taxaide>
- **IRS Tax consulting**
1-800-829-1040 · TTY/TDD 1-800-829-4059
<http://www.irs.gov>
- **Vernon County Unit on Aging
Elderly Benefit Specialist**
Assistance with homestead credit
Banta Building, 402 Courthouse Square, Viroqua · **608-637-5397**
<http://www.vernoncounty.org/UOA>
- **Wisconsin Department of Revenue**
608-266-2772 · TTY 608-267-1049
<http://www.dor.state.wi.us>
- **Wisconsin Housing and Economic Development Authority (WHEDA)
WHEDA Property Tax Deferral Loan Program**
Allows individuals 65 and older with a limited income to convert equity
from their home into cash to pay all or a portion of property taxes
1-800-755-7835

TELEPHONE ASSISTANCE

- **Lifeline/Link-up Program**

Lifeline: Provides discounts on basic monthly telephone service, up to \$10.00 per month.

Link-up: Assists with the initial installation fee or activation fee for telephone service. Contact your local telephone company or cell phone provider for additional eligibility information.

<http://lifelinesupport.org>

- **Safelink Wireless Cell Phone Program**

Issues a free cell phone with free minutes each month to low income households. People who qualify either already participate in a government assistance program or meet the income guidelines for eligibility • For Enrollment and Plan Changes Support: 1-800-Safelink (723-3546)

• For Enrollment and Plan Changes Support: 1-800-Safelink (723-3546)

https://www.safelinkwireless.com/Enrollment/Safelink/en/NewPublic/contact_us.html

- **Telecommunications Equipment Purchase and Assistance Plans**

TEPP- assists individuals with qualifying disabilities to obtain equipment for basic phone service

TAP- a program for those who are deaf or severely hard of hearing in a low income household to pay the TEPP co-payment if you qualify.

Voice 608-231-3305 • TTY 1-800-251-8345

FOOD/MEAL ALTERNATIVES

EMERGENCY FOOD RESOURCES

Dates and times are subject to change. Please contact facility to confirm dates/times.

- **Bethel Butikk** – Food Pantry and Thrift Store
Monday, Wednesday, Thursday, Friday 10:00am–4:00pm
Tuesday 10:00am–6:00pm
First Saturday of the month 9:00am–12:00pm
341 Black River Avenue, Westby • **608-634-3473**
<http://www.bethelhome.org/>
- **Free Methodist Church**
3rd Thursday of the month 5:00 pm–8:00 pm
214 South Cherry Street, La Farge • **608-625-4197**
- **The Good Samaritan Food Pantry and Thrift Store**
Tuesday–Friday 1:00pm–5:00pm; Saturday 9:00am–12:00pm
128 Mill Street, Hillsboro • **608-489-3627**
- **Living Faith Church**
Mondays 1:00pm–3:00pm and Wednesdays 10:00am–6:00pm
852 North Main Street, Viroqua • **608-637-7470**
- **New Hope Food Pantry**
Thursdays 9:00am–11:00am
Fourth Thursday of month 9:00am–12:00pm for commodity distribution
Call for emergency appointments
New Hope United Methodist Church, E2290 State Highway 82, De Soto
608-648-2644 or **608-648-2002**
- **Stoddard Community Food Pantry**
First and third Tuesday of every month 2:30pm–5:00pm
St. Matthew’s Lutheran Church, 303 West Street, Stoddard • **608-457-2700**
- **Viola United Methodist Church**
Third Saturday of the month 10:00am–12 noon
225 North Washington Street, Viola • **608-627-1910**

FINANCIAL ASSISTANCE FOR FOOD

- **Western Region for Economic Assistance**
1-888-627-0430 · FAX 1-855-293-1822
Online: access.wi.gov
Oversees benefits such as Medicaid, Foodshare
 - Apply for benefits
 - Report changes
 - Get information about benefits
 - Find location and hours of local office

HOME DELIVERED MEALS

- **Mom's Meals**
Provides fresh meals to home every other week
3210 SE Corporate Woods Drive, Ankeny, Iowa · **1-877-508-6667**
- **Vernon County Unit on Aging**
Senior Dining Program – Home Delivered Meals – serves ages 60+
Senior Dining Centers – see Senior Meals, page 57 - call for current locations and mealtimes
or access <http://www.adrcww.org> and select *Vernon County* link, select *Aging*,
select *Nutrition*, select *Senior Dining Centers*
318 Fairlane Drive, Suite 219, Viroqua · **608-637-5201**
<http://www.vernoncounty.org/UOA>

HEALTH / WELLNESS

- **Department of Veterans Affairs Home Based Primary Care**
Veterans Administration Medical Center, Tomah
Primary Care Team available to veterans living in the community; eligibility includes veterans living in a stable home setting or assisted living within a 50 mile radius of the hospital and have difficulty making it to clinic visits because of physical or emotional reasons; no emergency care.
608-372-7734 or 1-800-872-8662 ext. 67734
- **Health Education Answers**
Online health education resource; learn ways to help get healthy and stay healthy; helpful information and tips for learning to live better with disease; follow these links:
<http://www.adrcww.org>
Select *Links* Tab
Select *Health Education Answers*
Select *Launch*
***Further questions, call 608-785-5700 or 1-800-500-3910**
- **House of Wellness Clinic**
Provides services to enrolled members of any federally recognized tribe, Ho-Chunk Nation employees and family
S2845 White Eagle Road, Baraboo • **608-355-1240 or 1-888-552-7889**
- **Special Olympics**
Offers a variety of programs for individuals with developmental disabilities
To learn more: <http://www.specialolympicswisconsin.org/index.html>
To volunteer, donate or participate: **1-800-552-1324 • 608-222-1324**
- **Vernon County Health Department**
Wisconsin Well Woman Program
Preventative screenings for women including mammograms and pap smears who meet the following guidelines: Age 45-64; no insurance or underinsured; low income
318 Fairlane Drive, Viroqua • **608-637-5251**
<http://www.vernoncounty.org>
- **Vernon Memorial Healthcare (VMH)**
507 South Main Street, Viroqua • **608-637-2101**
<http://vmh.org>

HEARING AND VISUAL LOSS SERVICES

- **Lions Affordable Hearing Aid Project (Lions AHAP)**
Financial assistance for the purchase of hearing aids, eligibility based on income criteria
E-mail: LionsAHAP@lionsclubs.org
International Lions Foundation 630-571-5466
WI Lions Foundation 715-677-4969 or 877-463-6953 • TTY 715-677-6999
- **Office for the Blind or Visually Impaired**
Services to assist individuals who are blind or visually impaired to achieve their own goals of independent living through individual visits, group trainings, and teaching techniques and technologies for use in daily living. Call for support group information.
115 5th Ave. South, Ste. 506, La Crosse • **608-789-5663 or 1-888-879-0017**
<http://www.dhs.wisconsin.gov/blind>
- **Office for the Deaf and Hard of Hearing**
Provides information and referral, education and training
Voice 608-319-1249
<https://www.dhs.wisconsin.gov/odhh/index.htm>
- **Telecommunications Equipment Purchase and Assistance Plans**
TEPP-assists individuals that are hard of hearing, deaf/severely hard of hearing, speech impaired, mobility/motion impaired, deaf with low vision or deaf and blind to obtain equipment for basic phone service
TAP-a program for those who are deaf or severely hard of hearing in a low income household to pay the TEPP co-payment if you qualify
Voice 608-231-3305 • TTY 1-800-251-8345
- **Vision Forward**
Offers financial help and other services for persons with vision loss.
414-615-0100
<http://www.visionforward.org>
- **Wisconsin Council for the Blind and Visually Impaired**
A variety of services including assistive aids and appliances, computer technology, and education. If you are blind or visually impaired, you are eligible to receive one free white cane a year from the Council.
1-800-783-5213
<http://www.wcblind.org>

- **Wisconsin Telecommunications Relay Systems (TRS)**

Assists individuals who use telecommunication devices (TDDs) to communicate with people and places that do not have a TDD

TDD English **1-800-947-6644**

TDD Spanish **1-800-833-7813**

Customer Service TDD **1-800-283-9877**

Customer Service Voice **1-800-901-8389**

HOME HEALTH • HOSPICE

HOME HEALTH

Skilled and non-skilled patient-centered care to meet individual needs for obtaining or maintaining a successful recovery at home

- **BrightStar Lifecare**
1052 Forest Drive, Suite 240, Onalaska • **608-519-4324**
- **CNS Home Health Care**
700 N. 3rd Street, Suite 103, La Crosse • **608-783-3200**
<http://www.cnshomehealth.com>
- **Comfort Keepers**
2951 South 21st Place, La Crosse
608-784-3357 or **1-800-567-6274**
<http://www.comfortkeepers.com>
- **Department of Veterans Affairs Home Based Primary Care**
Veterans Administration Medical Center, Tomah
Primary Care Team available to veterans living in the community; eligibility includes veterans living in a stable home setting or assisted living within a 50 mile radius of the hospital and have difficulty making it to clinic visits because of physical or emotional reasons; no emergency care.
608-372-7734 • 1-800-872-8662 ext. 67734
- **Homeward Bound Home Health**
130 West Elm, Lancaster • **608-723-6601 • TTY 608-723-6601**
<http://www.hwbcare.com>
- **International Quality Home Care**
1501 Saint Andrews Street, Suite 200 La Crosse • **608-796-9131** or **1-800-345-0669**
www.alphaigh.com
- **Mayo Clinic Health System Franciscan Healthcare Home Care**
212 South 11th Street, La Crosse • **608-392-9790** or **1-800-362-5454**
<http://www.mayohealthsystem.org>

- **Recover Health**
700 N. 3rd Street, La Crosse • **608-406-3140**
<http://www.recoverhealth.org>
- **ResCare**
1425 - B State highway 16, La Crosse • **608-779-0900**
<http://rescarehomecare.com>
- **Richland Hospital, Inc.**
333 East Second Street, Richland Center • **608-647-6321**
<http://www.richlandhospital.com>
- **St. Joseph's Community Health Services**
400 Water Street, Hillsboro • **608-489-8000**
<http://www.stjhealthcare.org>
- **VA Home Care Services**
Services for qualifying veterans; veteran must be evaluated to determine eligibility; services may include home care, homemaker services, bath assistance, in-home respite, community adult day health center, home health aide services
VA Medical Center, Tomah • **608-784-3886 • 1-800-872-8662**
- **Vernon Memorial Homecare**
507 South Main Street, Viroqua • **608-637-4362**
<http://www.vmh.org>
- **Walgreen's Infusion therapy Services**
1435 N. 113th Street, Wauwatosa WI • **1-888-256-7234**
www.walkgreenshealth.com

HOSPICE

Hospice care represents a dignified, compassionate and respectful approach in supporting people who are in the final phases of a terminal illness.

- **Bethel Home and Services, Inc. – Helping Hands**
620 South Garfield Street, Viroqua • **608-637-2378**
<http://www.bethelhome.org>
- **Bland Bekkedal Center for Hospice Care**
Vernon Memorial Healthcare
705 Arena Drive, Viroqua WI • **608-637-4362**
- **Gundersen Health System Hospice**
1843 Sims Place, La Crosse • **608-775-8435**
<http://www.gundluth.org>
- **Mayo Clinic Health System Franciscan Healthcare Homecare and Hospice**
212 South 11th Street, La Crosse • **608-392-9790** or **1-800-362-5454**
<http://www.mayohealthsystem.org>
- **Saint Jude Hospice**
1427 State Road 16, La Crosse • **608-781-5490**
<http://www.saintjudehospice.org>
- **St. Joseph’s Memorial Healthcare**
400 Water Street, Hillsboro • **608-367-8000**
<http://www.stjhealthcare.org>
- **Vernon Memorial Healthcare (VMH)**
507 South Main Street, Viroqua • **608-637-2101**
<http://www.vmh.org>

HOUSING ALTERNATIVES

ASSISTED LIVING FACILITIES

RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

An RCAC is a place where five or more adults reside. Apartments must have a lockable entrance and exit, a kitchen, including a stove (or microwave oven), individual bathroom, sleeping and living areas. This living option can provide up to (but can not exceed) 28 hours per week of the following services: supportive services, personal assistance, nursing services, and emergency assistance. RCACs provide services either directly or under contract and the services must be part of the tenant's service agreement. RCACs are either registered or certified. Certified facilities can accept public funding; registered facilities can only accept private funds from individuals.

- **Bethel Home and Services, Inc.**

Maplewood Terrace (call for eligibility)

620 South Garfield, Viroqua • **608-637-6344**

<http://www.bethelhome.org>

- **Bethel Oaks**

Specialized living environment for seniors with Alzheimer's or other dementia

320 S. Garfield Street, Suite A, Viroqua • **608-637-2171**

<http://www.bethelhome.org>

- **Milestone Senior Living**

504 Salsbery Circle, Hillsboro • **608-489-3930**

<http://www.milestoneseniorliving.com>

- **Pleasant Valley Seniors Community** (call for eligibility)

W466 County Road K, Stoddard • **608-787-6384**

ADULT FAMILY HOMES (AFH)

Adult Family Homes are a place where families make a decision to open their home and provide care for one to four adults who require support to live in the community because of aging, mental health, developmental or physical disabilities.

An AFH is defined as “a place where one to four adults who are not related to the operator reside and receive care, treatment or services that are above the level of room and board and that may include up to seven hours per week of nursing care per resident.” Counties certify one and two bed adult family homes; the State of Wisconsin licenses three and four bed adult family homes.

- For information regarding *Adult Family Homes*, contact
Aging and Disability Resource Center of Western Wisconsin
608-785-5700 · 1-800-500-3910
<http://www.adrcww.org/>

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF) – General

A CBRF is a place where five or more adults reside who do not require care above intermediate level nursing care. Adults receive care, treatment, or services that are above the level of room and board. It includes no more than three hours of nursing care per week per resident. Other supports and services are also offered. These facilities are state licensed.

- **Bethel Home and Services, Inc.**
LaFarge Area Senior Concerns-Bethel Parkside
 Accepts elderly and people with developmental disabilities; call for eligibility
 315 West Adams Court, La Farge • **608-625-2308**
<http://www.bethelhome.org>
- **Bothne House**
 Serves elderly, people with developmental disabilities and people with mental health issues in need of assistance; must be ambulatory
 100 Bothne Drive, Coon Valley • **608-452-2010**
- **Fair Haven**
 Serves elderly, people with developmental disabilities and people with mental health issues in need of assistance; accepts both ambulatory and non-ambulatory individuals
 601 Arena Drive, Viroqua • **608-637-8115**
- **Milestone Senior Living**
 16 bed CBRF licensed for elder and memory care.
 504 Salsbery Circle, Hillsboro • **608-489-3932**
<http://www.milestoneseniorliving.com>
- **Old Times**
 Serves elderly, people with developmental disabilities and people with mental health issues in need of assistance; accepts both ambulatory and non-ambulatory individuals
 206 Polly Rude Way, Westby • **608-634-2737**

- **REM Wisconsin**

206 Shird Court, La Farge • **608-625-2453**

- **Nightingale House**

Serves individuals with developmental disabilities and traumatic brain injuries, individuals who require a behavior treatment program, and people who may have special care needs

421 North Bird Street, La Farge • **608-625-2453**

- **Sherry House**

Serves individuals with developmental disabilities and mental health issues; accepts ambulatory individuals only

440 East Center Street, Readstown • **608-386-5402 (cell)**

- **Vernon Area Rehabilitation Center, Inc.**

- **The VARC House**

Serves individuals with developmental disabilities age 18 and over; accepts both ambulatory and non-ambulatory individuals

811 Rogers Street, Viroqua • **608-637-3934**

<http://www.varcinc.com>

- **Viola House**

Serves individuals with developmental disabilities and mental health issues; accepts ambulatory and non-ambulatory individuals

509 South Wagoner Street, Viola • **608-386-5402 (cell)**

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF) **ALZHEIMER/ DEMENTIA-SPECIFIC**

- **Bethany Lutheran Homes**

<http://www.bethanylutheranhomes.org>

Eagle Crest Memory Care 351 Mason Street, Onalaska
608-779-1700

Eagle Crest South Memory Care 622 Bennora Lee Court,
La Crosse • **608-779-1702**

Hearten House I 2573 7th Street South,
La Crosse • **608-784-4521**

Hearten House II 2571 7th Street South, La Crosse • **608-784-4523**

Hearten House III 101 Juniper Lane, Holmen • **608-526-6796**

- **Bluffview Memory Care** 2101 Bluffview Court, Holmen
608-526-5864 • 608-799-0993
info@bluffviewmemorycare.com
<http://www.bluffviewmemorycare.com>
- **The Meadows at Springbrook**
861 Critter Court, Onalaska • **608-783-2292**
<http://www.springbrookassistedliving.com>

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF) **MENTAL HEALTH RELATED SERVICES**

- **Sherry House**
Serves individuals with developmental disabilities and mental health issues;
accepts ambulatory individuals only
440 East Center Street, Readstown • **608-386-5402 (cell)**
- **Viola House**
Serves individuals with developmental disabilities and mental health issues;
accepts ambulatory and non-ambulatory individuals
509 South Wagoner Street, Viola • **608-386-5402 (cell)**

INDEPENDENT HOUSING

Eligibility requirements such as age, disability and/or income limits may apply

- **Bethel Home and Services, Inc.**
Bethel Birchwood Independent Living Duplexes
Age 55+
614 South Rock Avenue, Viroqua • **608-637-6340**
<http://www.bethelhome.org>

Bethel Village Apartments

Accessible housing for mature adults

904 Wall Street, Cashton • **608-637-6340**

<http://www.bethelhome.org>

Coulee View Apartments

Age 62+ or disability; income limits

98 Hiawatha Street, Coon Valley • **608-637-6340** or **608-637-6323**

<http://www.bethelhome.org>

- **Broadway Court Apartments**

Age 62+ or disability

312 West Broadway, Viroqua • **608-637-8425**

- **City Square Apartments**

Age 62+ or disability

824 Pine Street, Hillsboro • **608-489-3258**

- **Halvorsen Apartments**

Age 62+ or disability

211 Milwaukee Street, Westby • **608-634-3868**

- **Hills Manor Apartments**

Age 62+ or disability

118 Madison Avenue, Hillsboro • **608-463-7696**

- **Hometown Village Apartments**

Age 62+ or disability

315 North Gold Street, La Farge • **608-326-2845**

<http://merdiangroupinc.net>

- **Horizon Management Group**

Age 62+ or disability; income limits • **1-800-944-4866** or **608-637-8425**

Broadway Court

505 Chicago Avenue, Viroqua

Hillcrest Apartments

Age 62+ or disability

406 Park Street, Ontario

- **Linton Village Apartments**
Moderate-income housing; no age requirement
700 Linton Street, Viroqua • **608-637-8445**
- **Nordic Village Apartments - Westby**
No age requirement
608-386-1524
- **Parkview Apartments**
Age 62+ or disability
739 Hill Avenue, Hillsboro • **608-463-7696**
- **Ridgeview Commons**
Age 62+ or disability
240 Exchange Street, Viola • **608-647-2525**
- **Terra View Apartments**
No age requirement; income limits
305/311 Chase Street, Viroqua • **608-319-2127**
- **Valley Apartments**
Age 62+ or disability
350 Elm Drive, Stoddard • **1-877-847-8924**
- **Valley View Apartments**
Age 62+ or disability
520 North 4th Street, Readstown • **608-629-5099**
- **Village of La Farge Housing**
Age 60+ or disability; income limits
105 West Main Street • **608-625-4422**
<http://www.lafarge-wisconsin.com>
- **Viroqua Housing Authority**
Age 62+ or disability; income limits
200 Park View Court, Viroqua • **608-637-2626**
Park View Manor
Age 62+ or disability
200 Park View Court, Viroqua • **608-637-2626**

- **Winneschiek Manor (Allegiant Property Management)**

Income limits

225 Main Street, DeSoto • **1-608-784-1381**

- **Westby Housing Authority**

Income limits

503 South Main Street, Westby • **608-634-4810**

- **Crestview Apartments**

Age 62+ or disability

503 South Main Street, Westby • **608-634-4810**

LEGAL ASSISTANCE

- **Greater Wisconsin Agency on Aging Resources (GWAAR) 608-243-5670**
<http://gwaar.org>
Provides information about services and resources to citizens 60 years and older.
Wisconsin Guardianship Support Center • 1-855-409-9410
Elder Law Center • 608-243-5670
- **La Crosse County Bar Association**
Free legal clinic that is open to the public the third Wednesday of every month from 6:00pm-7:30pm at the First Baptist Church, located at the corner of West Avenue and Main Street in La Crosse. This is a question and answer format where participants have about 15 minutes to ask questions of a volunteer attorney. <http://www.wisbar.org>
- **Legal Action of Wisconsin - La Crosse Office**
Free legal advice and representation in civil matters to eligible applicants
205 5th Avenue South, Suite 300, La Crosse
608-785-2809 or 1-800-873-0927 • TTY 1-800-947-3529
<http://www.legalaction.org>
- **State Bar of Wisconsin Lawyer Information and Referral Service**
608-257-3838 or 800-728-7788
<http://www.wisbar.org>
- **Vernon County District Attorney**
400 Courthouse Square, Room 200, Viroqua • **608-637-5357**
- **Vernon County Victim/ Witness Assistance Coordinator**
Information and support for crime victims and witnesses
400 Courthouse Square, Room 200, Viroqua • **608-637-5357**
- **Wisconsin Judicare, Inc.**
Indian Law Office
The Indian Law Office provides representation to low income Native Americans in civil matters involving Indian law issues. Eligible individuals must be an enrolled member of one of the federally recognized tribes in Wisconsin. Income and asset guidelines may apply.
300 Third Street, Suite 210, Wausau • **715-842-1681 or 1-800-472-1638**
<http://www.judicare.org>

Also see Attorney listing in the Yellow Pages

MEDICAL EQUIPMENT/SUPPLIES

MEDICAL EQUIPMENT RETAILERS

- **American Home Patient**
1052 Forest Drive, Suite 160, Onalaska
608-779-9900 or 1-800-947-2330
<http://www.ahom.com>
- **Apria Healthcare**
W6853 Industrial Boulevard, Onalaska
608-783-7668 or 1-800-285-9233
<http://www.apria.com>
- **Boscobel Pharmacy Services, Inc.**
1028 Wisconsin Avenue, Boscobel
608-375-4466 or 1-800-872-3784
<http://www.boscobelpharmacy.com>
- **Community Home Medical Equipment**
130 Highway 14, Richland Center
608-647-4963 or 1-800-848-5572
- **Degen Berglund**
4000 Mormon Coulee Road, La Crosse
111 Sand Lake Road, Center 90, Onalaska
2511 Green Bay Street, Village Shopping Center, La Crosse
608-775-8500
<http://www.degenberglund.com>
- **Family Medical Supply and CPAP Store**
705 State Street, La Crosse • **608-791-1100 • 1-855-791-1549**
- **Independent Living Resources (ILR)**
Staff members are trained to provide assessments/recommendations to people with disabilities regarding their technology needs; staff can assist with locating and applying for financial assistance; adaptive equipment is available for loan
4439 Mormon Coulee Road, La Crosse
608-787-1111 or 1-888-474-5745
TTY 608-787-1148 or 1-888-378-2198
<http://www.ilresources.org>
E-mail: advocacy@ilresources.org

- **Lincare**
Durable medical equipment including respiratory needs, professionally licensed staff.
1010 19th Street South, La Crosse • **608-791-0018**

- **Mayo Clinic Health System Franciscan Healthcare Home Medical Equipment**
620 11th Street South, La Crosse • **608-392-9797**
<http://www.mayohealthsystem.org>

- **Peterson Pharmacy**
727 Water Street, Hillsboro • **608-489-3141**

- **Richland Family Prescription Center**
301 East 2nd Street, Richland Center • **608-647-6161**

- **Share Loan Closet at Vernon Memorial Hospital**
Gently used and new rehabilitation equipment available to be borrowed for a
3 month loan period
507 South Main Street, Viroqua • **608-637-4385**

- **Solar Town Pharmacy**
104 Sunset Avenue, Soldiers Grove • **608-624-3344**

- **Thrifty White Pharmacy**
190 Richland Square, Richland Center • **608-647-8539**

- **USA Medical Suppliers, Ltd**
Orthotics, prosthetics, and medical supplies
1919 State Road, La Crosse • **608-782-1855**

- **Vernon Memorial Healthcare**
507 South Main Street, Viroqua • **608-637-2101**
<http://www.vmh.org>

- **Walgreen's Infusion Therapy Services**
1435 N. 113th Street, Wauwatosa WI • **1-888-256-7234**
www.walkgreenshealth.com

MENTAL HEALTH SERVICES

BEHAVIORAL MEDICINE/COUNSELING/MENTAL HEALTH SERVICES

- **Center Point counseling Services Cooperative**
210 Airport Road, suite 103, Viroqua • **608-638-7420**
E-mail: info@centerpoint.coop
- **Family and Children's Center**
1321 North Main Street, Viroqua • **608-637-7052**
Emergency or 24 Hour Helpline • **608-637-7007**
<http://www.fcconline.org>
- **Gundersen Health System**
1900 South Avenue, La Crosse • **608-775-2287**
<http://www.gundersenhealth.org/>
- **Independent Living Resources**
Peer Specialists assist with maintaining wellness for individuals in mental health recovery. Support groups are available, including Women Supporting Women, Wellness and Recovery Support Group, and Paths to Wholeness (Spirituality) Group.
4439 Mormon Coulee Road, La Crosse • **608-787-1111** or **1-888-474-5745**
TTY 608-787-1148 or **1-888-378-2198**
<http://www.ilresources.org>
E-mail: advocacy@ilresources.org
- **Psychiatric Associates Counseling Center**
122 West South Street, Viroqua • **608-637-2511**
- **Scenic Bluffs Community Health Centers**
Behavioral Health Services
Services offer private and personalized counseling for adults, youth, families, and couples
238 Front Street, Cashton • **608-654-5100**
- **Southwest Health Center - Senior Behavioral Sciences**
1185 North Elm Street, Platteville • **608-348-3656**
<http://www.southwesthealth.org/seniors>

- **St. Claire Hospital**
Clarion Center – mental health services for older adults
 707 14th Street, Baraboo • **608-355-1805**
<http://www.stclare.com>
- **St. Joseph’s Community Health Services**
 400 Water Street, Hillsboro • **608-489-8000**
<http://www.stjhealthcare.org>
- **Vernon County Department of Human Services**
 Eligibility criteria include age, income, and disability restrictions for programs
 318 Fairlane Drive, Suite 100, Viroqua • **608-637-5210 • TTY 608-637-5516**
<http://www.vernoncounty.org>
- **Vet Center**
 Free mental health counseling services to combat veterans and their family. Military sexual trauma counseling services available to all military service members.
 20 Copeland Avenue, La Crosse • **608-782-4403**
<http://www.vetcenter.va.gov>
- **Viroqua Healing Arts Mental Health Center**
 224 East Court Street, Viroqua • **608-637-7600**

MENTAL HEALTH CRISIS INTERVENTION

Whether you need someone to talk to, someone to listen, or someone to refer you to get the kind of help you need, call one of the following numbers:

- **Great Rivers 2-1-1**
Dial 2-1-1 or 1-800-362-8255 • TTY 1-866-884-3620
<http://www.greatrivers211.org>
- **Vernon County HELPLINE**
 Call collect if you need to • **608-637-7007**
- **Veteran’s Crisis Line • 1-800-273-8255 press 1**
www.VeteransCrisisLine.net/chat

MENTAL HEALTH DROP-IN CENTERS

- **The Other Door Drop In Center**
1321 N. Main Street, Viroqua • **608-637-7052, ext. 221**
- **RAVE (Recovery Avenue)**
Open Monday – Friday 9:00am - 5:00pm
1806 State Street, La Crosse • **608-785-9615** or **608-787-1111**
<http://www.ilresources.org>

NURSING HOMES

- ****Bethel Home and Services, Inc.**
****Bethel Eldergarden Alzheimer's/Dementia Care Unit**
Special unit specifically designed to create a safe and calm environment for residents with Alzheimer's or other dementia
614 South Rock Avenue, Viroqua • **608-637-2171** or **608-637-6344**
<http://www.bethelhome.org>
 - **Bethany St. Joseph Corporation**
Norseland Nursing Home
323 Black River Road, Westby • **608-634-3747**
<http://www.bsjcorp.com>
 - **Sannes Skogdalen**
101 Sunshine Boulevard, Soldiers Grove • **608-624-5244**
 - **Vernon Manor**
E7404A County Road BB, Viroqua • **608-637-5400**
 - **Veterans Affairs Medical Center**
500 East Veterans Street, Tomah • **608-372-3971**
<http://www.visn12.med.va.gov/tomah>
- **Denotes facilities with Alzheimer's/Dementia specific units
**People with developmental disabilities must meet certain criteria for admission

PET CARE

- **Homeless Hounds Program**

- Puppy Palace Doggie Daycare and Boarding Center**

- Boards pets at no cost for homeless persons who are looking for new housing.

- 3821 Mormon Coulee Road, La Crosse · **608-461-1209**

- **Coulee Region Humane Society**

- 911 Critter Court, Onalaska · **608-781-4014**

PRESCRIPTION DRUG PROGRAMS

- **The Medicine Program**

In cooperation with physicians, as a service to assist patients who have difficulty purchasing prescription drugs, sponsors have come together to provide prescription drugs at no cost; provide prescription medicine free-of-charge to individuals, regardless of age, if meeting sponsor's requirements; upon approval, the medicine is sent to your doctor and he/she will dispense it to you

<http://www.themedicineprogram.com>

- **Medicare Part D**

A prescription drug program that provides additional coverage to your current Medicare plan

<http://www.medicare.gov>

- **Medigap Helpline/SHIP**

A free, confidential counseling service for all Medicare beneficiaries, including disabled individuals and those age 65 and over to help with questions about various health insurance topics. • **1-800-242-1060**

- **Medigap Part D and Prescription Drug Helpline**

State of Wisconsin Board on Aging and Long Term Care

Assistance with questions about prescription drug insurance for callers age 60 and over.

1-855-677-2783

- **Prescription Drug Assistance Program**

Prescription drugs are a major expense for many health care consumers. Some insurance programs provide no or limited coverage for these drugs. The website listed will provide some places to turn for help and information.

<http://www.dhfs.wisconsin.gov/guide/spec/freeprescr.htm>

- **Wisconsin Drug Card Program**

Discount prescriptions with no restrictions or eligibility criteria.

Contact your pharmacy or <http://www.wisconsindrugcard.com>

- **Wisconsin SeniorCare**

A prescription drug program for Wisconsin residents who are 65 years of age or older; annual enrollment fee and minimal co-pay for each prescription; projected annual income will determine whether certain out-of-pocket expenses will also be required.

SeniorCare Customer Service Hotline • **1-800-657-2038** (voice) or **711** (TTY)

dhs.wi.gov/seniorcare

- For more information, contact your pharmacy or Benefit Specialist

Aging and Disability Resource Center of Western Wisconsin

Banta Building, 402 Courthouse Square, Viroqua

608-785-5700 or 1-800-500-3910 • TTY 608-785-9787

RECREATION • SOCIAL ACTIVITIES

- **Association of the Restored Temple Theatre (ARTT)**
Historic theater; call for upcoming shows and ticket information
220 South Main Street, Viroqua • **608-637-8190**
- **Independent Living Resources (ILR)**
Connects individuals with activities in the community
4439 Mormon Coulee Road, La Crosse
608-787-1111 or **1-888-474-5745**
TTY 608-787-1148 or **TTY 1-888-378-2198**
<http://www.ilresources.org>
- **Kickapoo Area Schools and Activities**
Indoor pool facility offering open swims and adult swims
S6520 State Highway 131, Viola • **608-627-0114**
- **North American Squirrel Association (NASA)**
Creating and enhancing opportunities for people with disabilities
and the elderly to access the outdoors
608-234-5988
<http://www.nasasquirrel.org>
- **Norskedalen Nature and Heritage Center**
Shares the natural environment and cultural heritage of the area; offers classes, programs,
special events, guided tours and walking grounds;
call for more information
Coon Valley • **608-452-3424**
<http://www.norskedalen.org>
- **U.W. Extension**
Strong Women – program for women targeted at staying slim,
vibrant aging, and strong bones
Growing Stronger – strength training program for older adults
318 Fairlane Drive, County Road BB, Viroqua • **608-637-5276**
- **Vernon County Historical Society**
410 South Center, Viroqua • **608-637-7396**
<http://www.frontiernet.net>

- **Vernon Memorial Healthcare Fitness Center**
507 South Main Street, Viroqua • **608-637-4290**
Active Seniors Program –fitness program created to meet individual needs; age 65+;
physician’s referral required; enrollment and facility fees required
Aquatic Program and Golden Splash – water exercise classes designed for those with
arthritis; **contact Bigley Pool • 608-637-1660**
- **Viroqua Athletic Club**
Monthly membership fee for use of facility and type of membership
500 East Jefferson Street, Viroqua • **608-637-MOVE (6683)**

REPAIRS / CHORES / ERRANDS

If your home needs general home maintenance to make it safer and easier for you there are agencies that may be able to help. Contact the following resources to determine eligibility and resources available.

- **Bethel Home and Services**

- Helping Hands**

- Provides handyman services including home safety assessments, household repairs, and installation of safety equipment (grab bars, hand railings, hand held shower heads, etc.)

- 608-637-2378**

- <http://www.bethelhome.org>

- **Couleecap, Inc.**

- Home repair and handicap accessible alterations

- 110 North Main Street, Westby • **608-634-3104**

- **USDA Rural Development**

- Low interest home improvement loans and grants designed for very low income individuals; funding may be used for repairs, installing essential features, or to remove health and safety hazards

- 138 South Iowa Street, Suite 2, Dodgeville

- 608-935-2791 Extension 4**

- <http://www.rurdev.usda.gov>

- **Vernon County Unit on Aging**

- Energy assistance, home repair, handicap accessible alterations

- 318 Fairlane Drive, Suite 219, Viroqua • **608-637-5201**

- <http://www.vernoncounty.org/UOA>

GROCERY SHOPPING

- **Village Market**
Mobilized shopping carts
1230 North Main Street, Viroqua • **608-637-2476**
- **Viroqua Food Co-op**
Senior discount: 5% on each trip and free membership to co-op
if 65 or older
521 North Main Street, Viroqua • **608-637-7511**
- **Wal-Mart**
Transportation to and from; mobilized shopping carts
1133 North Main Street, Viroqua • **608-637-8511**

RESPITE CARE

RESPITE CARE

Respite care is a service that provides a temporary break or rest for primary caregivers of individuals with developmental or physical disabilities, mental illness, or people 60 years or older.

- **Bethel Home and Services, Inc.**
614 South Rock Avenue, Viroqua • 608-637-2171
<http://www.bethelhome.org>
- **Bluffview Memory Care**
2101 Bluffview Court, Holmen
608-526-5864 • 608-799-0993
info@bluffviewmemorycare.com
<http://www.bluffviewmemorycare.com>
- **Homeward Bound, Inc.**
940 S. Marquette Rd., Prairie du Chien • 608-326-6883
<http://www.hwbcare.com>
- **International Quality Home Care**
1501 Saint Andrew Street, Suite 200, La Crosse •
1-800-345-0669
www.alphaiqh.com
- **Milestone Senior Living**
504 Salsbery Circle, Hillsboro • 608-489-3930
<http://www.milestoneseniorliving.com>
- **ResCare (formerly Caregivers Home Health)**
1802 State Road 16, La Crosse • 608-779-0900
<http://www.rescarehomecare.com>
- **St. Joseph's Community Health Services**
400 Water Street, Hillsboro • 608-489-8000
<http://www.stjhealthcare.org>
- **Vernon Memorial Healthcare**
507 South Main Street, Viroqua • 608-637-2101
<http://www.vmh.org>

**Also see Nursing Homes and Supportive Home Care in this resource guide

SENIOR CENTERS

- **Kickapoo Haven**
106 Main Street, La Farge
608-625-2202
- **Viroqua Senior Center**
220 North Main Street, Viroqua
608-637-3529
- **Westby Community Center**
206 North Main Street, Westby
608-634-2699

SENIOR DINING CENTERS

Any disabled person living in senior housing where a dining center is held or living with a person over the age of 60 qualifies for a meal on a donation basis.

*The following information is subject to change; call the Vernon County Aging Unit for most current meal times and locations • **608-637-5201**

- **Borgen's Café**

Meal time: Tuesday - Friday 11:30am
109 South Main Street, Westby • **608-637-5201**

- **Bright Spot Restaurant**

Meal time: Monday -Thursday 11:30am
118 Mill Park, De Soto • **608-648-3514**

- **Kickapoo Haven**

Meal time: Monday - Thursday at 11:30am
106 Main Street, La Farge • **608-625-2202**

- **The Milk Jug Cafe**

Meal time: Monday, Tuesday, Thursday, and Fridays at 11:30 a.m.
103 North Garden Street, Ontario • **608-637-5201** or **608-337-4448**

- **Park View Manor**

Meal time: Monday - Thursday 11:30am
200 Park View Court, Viroqua • **608-637-5201**

- **Prairie View Elementary School**

Meal time: Monday - Thursday 11:45am
E3245 County Road N, De Soto • **608-648-2227**

- **St. Joseph Community Health Services**

Lunch Ticket Program – call **608-637-5201** for details

Meal time: Monday - Thursday 12:00pm
400 Water Avenue, Hillsboro • **608-489-8155**

- **Stockyard Grill and Saloon**

Meal time: Tuesday - Friday 11:00am
202 Central Avenue, Coon Valley • **608-452-2600**

- **Valley View Apartments**

Meal time: Monday - Thursday 11:30am

520 North 4th Street, Readstown • **608-629-5442**

- **Valley Apartments**

Meal time: Monday - Thursday 11:30am

350 Elm Drive, Stoddard • **608-457-2219**

SUBSTANCE USE AND ADDICTION SERVICES

SUBSTANCE ABUSE TREATMENT CENTERS

- **AMS (addiction Medical Solutions) of Wisconsin**
Specializing in treatment of opiate addiction
9532 East 16 Frontage, Suite 100, Onalaska
608-783-0506
- **Center Point Counseling Services Cooperative**
210 Airport Road, suite 103, Viroqua • **608-638-7420**
E-mail: info@centerpoint.coop
- **Family and Children's Center**
1321 North Main Street, Viroqua • **608-637-7052**
<http://www.fcconline.org>
- **Gundersen Health System**
Sparta 124 North Court Street, Sparta • **608-269-1588**
Tomah 601 North Superior Ave #2, Tomah • **608-374-3853**
Unity House for Men, La Crosse • **608-775-7991**
Unity House for Women, La Crosse • **608-775-7991**
<http://www.gundersenhealth.org/>
- **Mayo Clinic Health System – Franciscan Healthcare**
(Behavioral Health) • 608-392-9582
<http://mayoclinichealthsystem.org>
Women's LAAR House • AODA halfway house for adult females • La Crosse
Scarseth House • Substance abuse group home for adult & adolescent males • La Crosse
Villa Success • AODA halfway house; AODA outpatient & detox • Prairie du Chien
- **Northeast Iowa Mental Health Center**
Alcohol and Related Problems Services Center
905 Montgomery Street, Decorah, IA 52101 • **563-382-3649** or **1-800-400-8923**
- **The Other Door Drop in Center**
1321 N. Main Street, Viroqua • **608-637-7052, ext. 221**
- **Tomah VA Medical Center**
500 East Veterans Street, Tomah • **608-372-1758** or **1-800-872-8662**
<http://www.tomah.va.gov>

- **Vernon Memorial Healthcare (VMH)**
507 South Main Street, Viroqua • 608-637-2101
<http://www.vmh.org>

ADDICTION RELATED RESOURCES

- **Holistic Addiction Treatment Center, Inc.**
1-800-559-9503
<http://www.drugrehabcenter.com>
- **National Council on Problem Gambling**
1-800-522-4700
- **Northern Rivers Gambling Services**
1-800-522-4700
<http://www.ncpgambling.org>
- **Substance Abuse and Mental Health National Hotline**
1-800-662-HELP (4357)
- **Vernon County HELPLINE**
Call collect if you need to • 608-637-7007
- **Wisconsin Council on Problem Gambling**
1-800-426-2535
<http://www.wi-problemgamblers.org>
- **Wisconsin Substance Abuse Hotline**
1-866-211-3380
- **Additional Web Resources**
<http://www.istoppedgambling.com>
<http://www.medic8.com/healthguide/articles/gambling.html>
<http://www.gamblersanonymous.org/20questions.html>

SUPPORT GROUPS

There are a number of support groups in the area dealing with a variety of topics. The location and times for these meeting vary. Call the number listed below for further information.

- **Great Rivers 2-1-1**
Dial 2-1-1 or 1-800-362-8255 • TTY 1-866-884-3620
<http://www.greatrivers211.org>
- **Vernon County Unit on Aging**
318 Fairlane Drive, Suite 219, Viroqua • 608-637-5201
<http://www.vernoncounty.org/UOA>

SUPPORTIVE HOME CARE/PERSONAL CARE

Services offered in the home to assist with daily living skills including bathing, dressing, toileting, food preparation, and light housekeeping

- **Bethel Home Helping Hands Program**
614 South Rock, Viroqua • **608-637-2378**
<http://www.bethelhome.org>
- **BrightStar Lifecare**
1052 Oak Forest Drive, Suite 240, Onalaska • **608-519-4324**
- **Caring Hearts Homecare and Transportation**
W5942 Baker Road, Holmen • **608-317-3657**
- **CNS Home Health Care**
700 N. 3rd Street, Suite 103, La Crosse • **608-783-3200**
<http://www.cnshomehealth.com>
- **Comfort Keepers**
2951 South 21st Place, La Crosse
608-784-3357 or **1-800-567-6274**
<http://www.comfortkeepers.com>
- **Department of Veterans Affairs**
VA Home Care Services
Services for qualifying veterans; veteran must be evaluated to determine eligibility; services may include home care, homemaker services, bath assistance, in-home respite, community adult day health center, home health aide services
VA Medical Center, Tomah • **608-784-3886** • **1-800-872-8662**
- **Home Instead Senior Care**
1333 Gillette Street, La Crosse • **608-782-4000** or **1-866-782-8840**
<http://www.homeinstead.com>
- **Homeward Bound, Inc.**
940 S. Marquette Rd., Prairie du Chien • **608-326-6883**
<http://www.hwbcare.com>

- **Independent Living Resources (ILR)-Personal Care Program**
4439 Mormon Coulee Road, La Crosse
608-793-1700 or **1-888-474-5745**
TTY 608-787-1148 or **TTY 1-888-378-2198**
<http://www.ilresources.org>
- **International Quality Home Care**
1501 Saint Andrew Street, Suite C200, La Crosse • **1-800-345-0669**
www.alphaiqh.com
- **MCFI Home Care • 262-424-2901**
- **Recover Health**
700 3rd Street North, Suite 205, La Crosse • **608-406-3140**
<http://www.recoverhealth.org>
- **ResCare**
1802 State Road 16, La Crosse • **608-779-0900**
<http://www.rescarehomecare.com>
- **Vernon Memorial Healthcare (VMH)**
507 South Main Street, Viroqua • **608-637-4362**
<http://www.vmh.org>

TRANSPORTATION

Non-Medical Transportation

- **Bethel Home - Home Safe Home Program**
614 South Rock, Viroqua • **608-637-2378**
<http://www.bethelhome.org>
- **Caring Hearts Homecare and Transportation**
608-317-3657
- **Find-A-Ride • 1-888-300-9796** or <http://www.findaridewisconsin.org>
Service for the public, ages 18+, to connect you with the most appropriate ride that will cost the least
- **Ho-Chunk Nation Division of Health and Social Services**
Transportation for Ho-Chunk Nation tribal members or member of a federally recognized tribe for most services
N6520 Guy Road, Black River Falls • **715-284-9851 extension 5329** or **5302**
<http://www.ho-chunknation.com>
- ****Running Inc. Transit Services**
Seven-day-a-week shared ride taxi; call for fees; wheelchair accessible
520 East Decker Street
Viroqua • **608-637-8080**
Westby • **608-634-4844**
<http://www.runninginc.net>
- **Scenic Mississippi Regional Transit (S.M.R.T. bus)**
Offers several routes that provide weekday service for Crawford, Vernon and La Crosse Counties. Call **1-877-444-6543** for route, schedule and fee information.
www.ridesmart.com
- **Vernon Veterans Service Office**
402 Courthouse Square, suite 100, Viroqua • **608-637-5323**
<http://www.vernoncounty.org/veterans>

- **Vernon County Unit on Aging**
318 Fairlane Drive, Suite 219, Viroqua • **608-637-5201**
<http://www.vernoncounty.org/UA>
(for Mini-Bus and SMRT Bus schedules)

****Mini-Bus Program:** Transportation to medical and dental appointments, bus depots, airports, shopping centers, etc, on a scheduled basis; charter trips available; donations accepted; operates Monday through Friday 8:30am to 4:30pm; call the Vernon County Unit on Aging for more information regarding reservations, cancellations, schedule, fees, or any additional questions. Available to the public with priority given to those age 55 and older or adults with a disability.

**** Scenic Mississippi Regional Transit (S.M.R.T. bus)**

Offers several routes that provide weekday service for Crawford, Vernon and La Crosse Counties. • **1-877-444-6543** for route, schedule and fee information.
www.ridesmart.com

****Vernon County Volunteer Driver Escort Service Program**

Non-emergency transportation services for eligible Vernon County residents to approved appointments within a 100 mile radius of Viroqua; all trips require a request at a minimum of 48 hours prior to the scheduled ride; this is not a guaranteed service; if needing additional assistance to attend the appointment, an attendant should accompany; no wheelchair lifts, must be able to transfer independently to a wheelchair or car seat; call the Vernon County Unit on Aging for more information regarding reservations, cancellations, schedule, fees, or any additional questions.

- **Viroqua Cab Company**
832 North Main Street, Viroqua • **608-637-8080**

- **Workforce Connections, Inc.**
Transportation Connections
Provides income eligible individuals and families with assistance in obtaining an affordable and dependable vehicle
2615 East Avenue South, La Crosse • **608-789-5641**
<http://www.workforceconnections.org>

- **Work-N-Wheels Program (Coulee Cap)**

Assists eligible, low income families to purchase vehicles that meet their needs for reliable transportation to employment. Zero interest vehicle loans and other financial assistance for repair of the vehicle or costs associated with driver's training. Vehicle *must* be used for employment purposes. Other rules do apply.

201 Melby Street, Westby • **608-634-7371**

<http://www.couleecap.org>

- **Also see *Taxi Services* in the Yellow Pages**

**Denotes transportation options that are wheelchair accessible.

Non-Emergency Medical Transportation

The following services are available to people needing transportation for medical services.

**Denotes transportation options that are wheelchair accessible

- ****Abby Vans**

Wheelchair and stretcher transportation for medical appointments and nursing home admission/discharges; will do van conversions

1-800-236-8438

- ****Access Medical Transit / Top Hat, Inc.**

226 Hood Street, La Crosse • **608-782-4200** or **1-800-658-9054**

- **Caring Hearts Homecare and Transportation**

608-317-3657

- **Disabled American Veterans • 1-800-872-8662 ext. 66227**

- ****Gundersen Health System Coulee Trails**

126 ½ West Jefferson Street, Viroqua • **608-637-8884** or **1-800-771-8884**

- **** MTM (Medical Transportation Management)**

Medical transportation only and is for Medical Assistance recipients only, excluding members of Family Care.

This is the only source of MA funded transportation services.

1-866-907-1493 • TTY 1-800-855-2880

- **Vernon Veterans Service Office**

402 Courthouse Square, Suite 100, Viroqua • **608-637-5323**

<http://www.vernoncounty.org/veterans>

VETERAN SERVICES

- **Department of Veterans Affairs Home Based Primary Care**
Veterans Administration Medical Center, Tomah
Primary Care Team available to veterans living in the community; eligibility includes veterans living in a stable home setting or assisted living within a 50 mile radius of the hospital and have difficulty making it to clinic visits because of physical or emotional reasons; no emergency care.
608-372-7734 • 1-800-872-8662 ext. 67734
- **Department of Veterans Affairs
VA Home Care Services**
Services for qualifying veterans; veteran must be evaluated to determine eligibility; services may include home care, homemaker services, bath assistance, in-home respite, community adult day health center, home health aide services
VA Medical Center, Tomah • **608-784-3886 • 1-800-872-8662**
- **Tomah VA Medical Center**
500 East Veterans Street, Tomah • **608-372-3971 or 1-800-872-8662**
<http://www.tomah.va.gov>
- **Veterans Assistance Foundation**
Helps homeless veterans and those at-risk of becoming homeless receive job training, education, counseling and rehabilitation services they need to obtain steady employment, affordable housing and the skills to sustain a productive lifestyle
608-372-1280 (Referral line at VA Hospital) or 1-800-947-8387
<http://vafvets.org/>
- **VA Caregiver Support Line • 1-855-260-3274**
- **VA Medical Center**
Guardian Alert 911 – Free lifeline service available to veterans that live alone and are currently enrolled in the VA Healthcare System.
Must have a landline telephone. Contact your primary care provider at the VA for additional information and eligibility.
500 East Veterans Street, Tomah • **1-800-872-8662**

- **VA River Valley Integrated Health Center**
Primary care outpatient clinic for veterans
 2600 State Road, La Crosse • **608-784-3886**
Behavioral Health and Physical Therapy Services
 1525 Losey Boulevard South, La Crosse • **608-787-6411**
Must be screened for eligibility requirements
Tomah VA 1-800-872-8662 ext. 61751
<http://www.co.la-crosse.wi.us/departments/veterans>
- **Vernon Veterans Service Office**
 402 Courthouse Square, Suite 100, Viroqua • **608-637-5323**
<http://www.vernoncounty.org/veterans>
- **Vet Center**
 Free mental health counseling services to combat veterans and their family. Military sexual trauma counseling services available to all military service members.
 20 Copeland Avenue, La Crosse • **608-782-4403**
<http://www.vetcenter.va.gov>
- **Veteran’s Crisis/Suicide Prevention Hotline**
1-800-273-TALK (1-800-273-8255) Press “1” when prompted to do so.
<http://www.VeteransCrisisLine.net/chat>
<http://www.VeteransCrisisLine.net/quiz>
- **Veteran’s Homeless Hotline**
1-877-4AID-VET (1-877-424-3838)

VOLUNTEERING

Many of the organizations in the Community Link welcome and appreciate volunteers within their services. Please contact the agency directly to request opportunities to volunteer.

- **Great Rivers United Way Volunteer Center**
Online program connecting volunteers with organizations that need volunteers in La Crosse, Monroe, Trempealeau, and Vernon counties
<http://www.greatriversunitedway.org/volunteercenter.php>
- **Vernon County Unit on Aging**
318 Fairlane Drive, Suite 219, Viroqua • **608-637-5201**
<http://www.vernoncounty.org/UAO>

The Aging & Disability Resource Center of Western Wisconsin

(608) 785-5700

Toll Free: (800) 500-3910

Internet: <http://www.adrcww.org>

INFORMATION & ASSISTANCE

The Aging & Disability Resource Center of Western Wisconsin offers information and assistance to residents of Jackson County, La Crosse County, Monroe County, and Vernon County.

The Aging & Disability Resource Center of Western Wisconsin provides information and assistance regarding services available in the community. You may call **(800) 500-3910** or **(608)-785-5700** or come to our conveniently located office at **Banta Building, 402 Courthouse Square in Viroqua. We also have offices available in Jackson County, La Crosse County, and Monroe County. Please contact us for more information about our partner offices or services in these communities.** If you prefer, staff will meet with you in your home to answer questions and provide more in-depth consultation.

One of the goals of the Aging & Disability Resource Center of Western Wisconsin is to help people plan current or future long-term care needs. The Aging & Disability Resource Center of Western Wisconsin professionals are familiar with all the local community services. They can help determine which services best meet your needs.

People often need help understanding what types of services would be available in their home. Our social workers can offer suggestions and advice on which services and supports will meet a person's needs while remaining as independent as possible.

If you would like to have a representative of the Aging & Disability Resource Center of Western Wisconsin make a presentation to your group or organization, call

(800) 500-3910 or (608) 785-5700.

**VERNON COUNTY
EMERGENCY
CRISIS
ASSISTANCE**

**24-HOUR
HELPLINE**

608-637-7007

**Can call COLLECT
if needed.**

OR

**CALL 2-1-1
(Great Rivers 2-1-1)**